

Other Great Activities

Kids Night Out

A night out for the kids is a night out for parents to. You will have a blast at the GRC playing games, getting creative, swimming, climbing (on occasion) and more with your friends, all under the watchful supervision of the GRC staff. Flyers Pizza & drinks will be provided. Don't forget to pack a swimsuit and towel for the pool. All participants must wear tennis shoes to be safe while being active in the gym or the climbing wall (when available).

When: 2 Fridays a month 5:30-8:30.

(5:30-8:00 Labor Day-Memorial Day)

Cost: \$8 resident/\$10 non-resident.

Birthday Parties at the GRC/GAC!!!

- * Starting as low as \$250
- * 90 minute party room reservation
- * 3 large single topping pizzas from Flyers Pizza
- * 1 Ice cream sheet cake from Dairy Queen
- * 4 Two-liter bottles of soda from Dr. Pepper/7-Up

Ask our front desk about availability!!!



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"Groveport Recreation Department"

www.groveportrec.com

Groveport Recreation Dept.
7370 Groveport Road
Groveport, OH 43125

PARENT-TOT



Open
Gym

Open
Swim

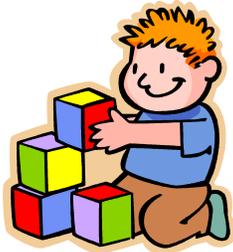



GROVEPORT
Recreation Department

7370 Groveport Road
Groveport, OH 43125
614-836-1000 / www.groveportrec.com

Open Gym

Drop-in gym time will be available for parents and their children up to 5 years of age. Along with use of GPRD play equipment, we will provide plenty of space for the kids to play, run, exercise and have fun, as well as, some structured play to music with the support of a GRC employee. Parents are required to supervise their children throughout the open gym and are encouraged to participate. Fee is per child and participants must sign in at the GRC front desk. All participants must wear non-marking shoes in the gym.



Where:

Groveport Recreation center West Gym

When:

Mondays 10am-11am*

*excluding Memorial Day—Labor Day

Wednesdays 10am-11am

-Excludes holidays or unless noted by GRD Staff

FEES:

\$2.50 Per Child

\$4 for 2 Children

\$5 for 3 Children

\$8 for 4 or more

\$20 for 10 visit punch pass

Accompanying adults - FREE

Open Swim

Drop-in open swim will be available for parents and their children (up to 5 years of age) on Friday mornings. We will provide plenty of space for the kids to play, swim, exercise and have fun in the pool. Parents must provide supervision for their child and must be in the water, so don't forget your swimsuit. Fee is per child and you must sign in at the GRC front desk. If your child is not potty-trained they must wear a swim diaper and all bathing suits must be lined. See GRC rules for more details.

Where:

Groveport Recreation Center Indoor Aquatic Center

When:

Fridays 10am-11am

-Excludes holidays or unless noted by GRD Staff

FEES:

\$2.50 Per Child

\$4 for 2 Children

\$5 for 3 Children

\$8 for 4 or more

\$20 for 10 visit punch pass

Accompanying adults - FREE



Why Parent Tot???

By Maria Connor

Play dates offer more than just a few hours of fun with other kids. The opportunity to interact with other preschoolers and adults in new and exciting settings builds important skills. Preschoolers who regularly attend play dates benefit from improved social, emotional and physical development.

Social Development

- Gathering with other preschoolers gives kids a chance to learn how to communicate. It also teaches other social skills such as sharing, taking turns and respecting personal boundaries.
- Playmates are often a preschooler's first friendships, introducing them to the fundamentals of all relationships.
- Mixed-age play dates give preschoolers a chance to learn from older children and set an example for younger kids.

Emotional Development

- Play dates outside of child's home provide an opportunity for preschoolers to learn to separate from their parents.
- By scheduling play dates in different settings and environments, preschoolers learn to approach new situations with curiosity and an open mind.
- Preschoolers develop trust and affection for peers and other adults. In turn, preschoolers feel valued and appreciated.
- Play dates allow preschoolers to share their unique abilities, skills and personalities. This teaches preschoolers to be proud of themselves, while accepting differences in others.

Physical Development

- Exercise is part of good health, so preschoolers benefit from regular opportunities to run, jump, hop, skip, dance, spin and move. It also helps burn off some of their boundless energy.
- Play date activities give preschoolers a chance to master fine motor skills (writing with a crayon, manipulate buttons and zippers, etc.) and coordination (riding a bike, skipping, etc.).
- Older preschoolers (4- and 5-year-olds) begin learning the rules of games and sports such as baseball and soccer. During the preschool years, children are growing inside and out. Participation in play dates gives preschoolers a chance to enhance their social, emotional and physical development while having a great time!

Article from

<http://parenting.preschoolrock.com/index.php/preschool-parenting--development/how-preschooler-development-benefits-from-play-date-participation>